

Learning About Body Parts:

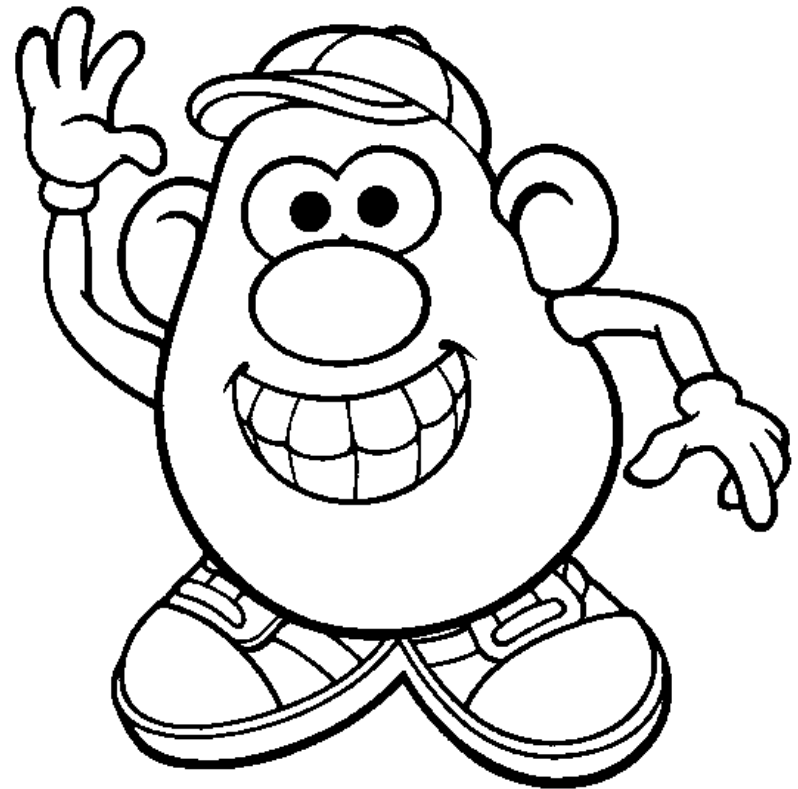
Songs have been compiled from various internet sites & early childhood resources over the past decade. Original origins are not known.

Songs & fingerplays compiled by Delicious Ambiguity.

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Songs & Fingerplays

Tony Chestnut

Toe (*hands on toes*)
knee (*hands on knees*)
chest (*hands on chest*)
nut (*hands on head*)
nose (*hands on nose*)
I (*hands on eyes*)
love you (*hands across chest*)!
Toe (*hands on toes*)
knee (*hands on knees*)
nose (*hands on nose*),
Toe (*hands on toes*)
knee (*hands on knees*)
nose (*hands on nose*)!

Toe (*hands on toes*)
knee (*hands on knees*)
chest (*hands on chest*)
nut (*hands on head*)
nose (*hands on nose*)
I (*hands on eyes*)
love you (*hands across chest*)!
That's what
Toe (*hands on toes*)
knee (*hands on knees*)
nose (*hands on nose*)
nose (*hands on nose*)
nose (*hands on nose*)!

Me Complete

I have ten little fingers and ten little toes
Two little arms and one little nose,
One little mouth and two little ears,
Two little eyes for smiles and tears,
One little head and two little feet,
One little chin, that's me complete

Hokey Pokey

You put left leg in
You take left leg out
You put left leg in and shake it all about
You do the hokey pokey and turn yourself around
That's what its all about!

Continue on with other body parts:

*-right leg
-left arm
-right arm
-head
-bottom
-whole self*

What's On A Face?

Here's a face, now let's begin
It has two ears, a nose and chin.
A mouth, two eyes, with a bushy brow
What's on a face? We all know now!

Ten Little Fingers

I have ten fingers and they all belong to me
(hold hands up)
I can make them do things. Would you like to
see?
(use hands to make glasses)
I can shut them up tight
(form fist)
Or open them wide
(hold fingers out)
I can put them together or make them all hide
(close both fists)
I can make them jump high
(put hands over head)
I can make them go low
(put hands down)
I can fold them quietly and hold them just so
(put hands in lap)

Head and Shoulders

(Touch Body Parts as You Sing)

Head and Shoulders, knees and toes,
Knees and Toes, knees and toes.
Head and Shoulders, knees and toes
Eyes, ears, mouth and nose.

Ten Toes (A.K.A Letter T)

Ten toes way down low
(point to toes)
Arms out just like so!
(Hold both arms straight out)
Head high in the shade
(Hold head up high)
Letter T, I have made!
(jump up in celebration)

Father Abraham

Father Abraham, Had many sons
And many sons had Father Abraham
I am one of them, So are you
So let's just shake a leg

Father Abraham, Had many sons
And many sons had Father Abraham
I am one of them, so are you.
So let's just shake another arm.

Father Abraham, Had many sons
And many sons had Father Abraham
I am one of them, so are you.
So let's just shake an arm.

(Continue on with other body parts)

Body Part Pairs

Two things make a pair
(hold up two fingers.)
And on me, I'll show you where
(point to self)
I have two ears, and I have two eyes.
(point to ears and eyes)
Both are important to make me wise!
I have two holes in my nose.
(point to nose)
That lets me smell a beautiful rose
(pretend to smell a rose)
I have two hands that clap a beat.
(clap hands)
I have two feet that are really neat!
(jump up and down)

Tooth Finger Play

(Use fingers to represent teeth)

Sad tooth, sad tooth, full of decay
Sweets caused me to feel this way
Happy tooth, happy tooth shiny and white,
Brushing keeps me beautiful and shining so
bright

Right Hand, Left Hand

This is my right hand
(raise hand)
I raise it up high
(lift up over head)
This is my left hand
(raise hand)
I touch the sky
(lift up over head)
Right hand, left hand
(raise one then other)
Roll them round and round
(Roll hands)
Right hand, left hand
(raise one then other)
Let's all sit down
(sit down)

Five Little Fingers

I have five fingers on each hand
(hold up each hand.)
I like to put them in the sand
(Wiggle all your fingers.)
When I hide my thumb just so
(turn hands so back is showing and bend thumbs)
There's only four that I can show
(Show four fingers on each hand.)

Runaway

I have two eyes to see with,
I have two feet to run,
I have two hands to wave with,
And nose I have but one.

I have two ears to hear with,
And a tongue to say 'good day!'
And two red cheeks for you to kiss,
And now I'll run away.

Brush our Teeth

This is the way we brush our teeth,
brush our teeth,
brush our teeth
This is the way we brush our teeth,
so early in the morning.
Brush them up and brush them down,
in little circles or round and round
Don't brush them from side to side,
for those sugar bugs will surely hide

Eye Winker

Eye Winker, (Point to eyes.)
Tom Tinker , (Point to ears.)
Nose Smeller , (Point to nose.)
Mouth Eater, (Point to mouth.)
Chin Chopper, (Tap chin.)
Chin Chopper, Chin Chopper,
Chin Chopper, Chin.

Pointy Fingers

Two pointy fingers I can show
(hold up one finger on each hand)
Way up high or way down low
(hold fingers up high and then low)
With my right, I point to my toe
(point with right hand finger toward toes)
With my left, I show where to go
(point in a direction)
Two pointy fingers I can show
(hold up one finger on each hand)
To show you things that I know!
(point at someone then at head)

The Dentist Says

The dentist says, please brush your teeth
The dentist says, please brush your teeth
The dentist says, please brush your teeth
And you'll have a healthy smile.

The dentist says, please floss your teeth
The dentist says, please floss your teeth
The dentist says, please floss your teeth
And you'll have a healthy smile

The dentist says, please eat good food
The dentist says, please eat good food
The dentist says, please eat good food
And you'll have a healthy smile

B-O-N-E-S

(Sung to: "B-I-N-G-O")

Two Feet

I can walk with two feet, two feet, two feet.
I can walk with two feet, two feet, all day long.

I can skip with two feet, two feet, two feet.
I can skip with two feet, two feet, all day long.

I can jump with two feet, two feet, two feet.
I can jump with two feet, two feet, all day long.

I can hop with two feet, two feet, two feet.
I can hop with two feet, two feet, all day long.

I can march with two feet, two feet, two feet.
I can march with two feet, two feet, all day long.

I can run with two feet, two feet, two feet.
I can run with two feet, two feet, all day long.

I can slide with two feet, two feet, two feet.
I can slide with two feet, two feet, all day long.

Once there was a skeleton,
And Bones was his name, oh!
B-O-N-E-S, B-O-N-E-S, B-O-N-E-S,
And Bones was his name, oh!

Once there was a skeleton,
And Bones was his name, oh!
B-O-N-E- (*clap*), B-O-N-E- (*clap*), B-O-N-E-
(*clap*),
And Bones was his name, oh!

*(Continue to repeat the verse--each time
dropping one more letter from and adding a clap
to B-O-N-E-S--until the entire name is clapped.)*

Touch Your Nose

Touch your nose,
Touch your chin;
That's the way this game begins.
Touch you eyes,
Touch your knees;
Now pretend you're going to sneeze.
Touch your hair,
Touch one ear;
Touch your two red lips right here,
Touch your elbows
Where they bend;
That's the way this touch game ends.

It's Me Again!

Here are my ears
Here are my ears.
Here is my nose.
Here are my fingers.
Here are my toes.
Here are my eyes,
Both open wide.
Here is my mouth
With white teeth inside.
Here is my tongue
That helps me speak.
Here is my chin,
And here are my cheeks.
Here are my hands
That help my play.
Here are my feet
For walking today.

Scrub A Dub-Dub Song

(Sung to: "The Mulberry Bush")

This is the way we scrub our hands,
(pretend to wash hands)
Scrub our hands, scrub our hands.
This is the way we scrub our hands,
So early in the morning.
This is the way we scrub our faces,
(pretend to wash face)
Scrub our faces, scrub our faces.
This is the way we scrub our faces,
So early in the morning.
This is the way we scrub our elbows,
(pretend to wash elbows)
Scrub our elbows, scrub our elbows.
This is the way we scrub our elbows,
So early in the morning.
This is the way we scrub our stomachs,
(pretend to wash stomachs)
Scrub our stomachs, scrub our stomachs.
This is the way we scrub our stomachs,
So early in the morning.

(Continue with additional verses ~ other body parts)

Parts that Bend

(Sung to: "B-I-N-G-O")

My arms have parts that bend and move
Every time I use them.
Shoulder, elbow, wrist and hand.
Shoulder, elbow, wrist and hand.
Shoulder, elbow, wrist and hand.
And this is how I move them!

My legs have parts that bend and move
Every time I use them.
Knee, ankle, heel and foot
Knee, ankle, heel and foot
Knee, ankle, heel and foot
And this is how I move them!

My trunk has parts that bend and move
Every time I use them.
Neck, back, waist and hips
Neck, back, waist and hips
Neck, back, waist and hips
And this is how I move them!

I'm made of parts that bend and move
Every time I use them.
Shoulder, elbow, wrist and hand..
Knee, ankle, heel and foot.
Neck, back, waist and hips
And this is how I move them!